



St. Clair County Health Department NEWS RELEASE

Information Advisory Warning Update

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For more information contact:

Susan Amato, Director

Health Education & Planning

Phone: (810) 987-5300 ext. 1515

Fax: (810) 985-2150

samato@hd.stclaircounty.org

Health Department Offers Walk-in Flu Shot Clinics

Seasonal flu vaccinations are available for St. Clair County residents on a walk-in basis every Monday from 10 am until 6 pm and every Wednesday from 8 am until 4 pm. No appointment is necessary. Charge for the injectable vaccine is \$25 but may be less depending upon income. The charge for flu mist is \$20. Most insurances are accepted.

While flu is unpredictable, it's likely that 2009 H1N1 virus and regular seasonal viruses will cause illness in the United States this season. The 2011-12 flu vaccine will protect against three flu viruses; an H3N2 virus, an influenza B virus and the H1N1 virus. These are the same three strains contained in the 2010-11 vaccine. A flu vaccination is necessary every season, as

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immunity can wane.

The single best way to protect against the flu is to get vaccinated each year and it is recommended that everyone 6 months of age and older get immunized. Both injectable and nasal mist vaccine are available at the Health Department. Nasal mist vaccine is made with weakened flu virus that does not cause the flu and is approved for use in healthy people 2-49 years of age who are not pregnant.

For more information, contact the Preventive Health & Immunization Division of the Health Department at 810-987-5729.

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